Our mission is to inspire and prepare youth to succeed!
¡Nuestra misión es inspirar a los jóvenes a que tengan éxito!

We provide youth and families, particularly those in need, with comprehensive programs that connect them to resources, strengthen skills, build community, and support their academic, emotional, and physical growth.

Proveemos amplios programas que conectan a jóvenes y familias, especialmente a los más necesitados, con recursos, mejoramiento de habilidades, creando comunidad y apoyando a su crecimiento académico, emocional y físico.
Dear Friends,

With your support this year, 2,716 youth and their families received services at the Novato Youth Center (“NYC”). Thank you for being dedicated to the wellness of our community members, who are part of our NYC family. Throughout our 2015-16 Annual Report, you will read about significant impacts that together have increased the success of Novato’s youth and families, particularly those in-need. This year we are also proud of our cultural competence work, which has improved our systems to better serve our diverse population.

On July 1st, we launched our 2016-19 Strategic Plan, a plan that redefines the boundaries of our mission and aims to better support the whole family. We will inspire and prepare youth to succeed by providing youth and families, particularly those in need, with comprehensive programs that connect them to resources, strengthen skills, build community, and support their academic, emotional, and physical growth. Under our four strategic initiatives, we will:

1. Create a more resilient and resourceful family system by providing training and education to increase the skills of parents/guardians, with an emphasis on the Latino community.

2. Create a cohesive community by bringing together diverse groups and enhancing Novato’s cultural competency.

3. Strive to bring Novato’s low-income families above the poverty line by increasing access to basic needs support, education, and job opportunities.

4. Build the capacity of the Center to achieve Initiatives 1-3.

As you make decisions around your philanthropic giving this year, we appreciate you considering the Novato Youth Center. Funding supports our core programs, in addition to launching a new case management system, expanding our parent/guardian workshops, and holding intercultural events that foster a deeper sense of community. Thank you for your continued support and belief in our mission.

In appreciation,

Cheryl Paddack
Executive Director

Andrei Jigalin
Board President
FISCAL YEAR 2015/16 OPERATING FUNDS: $2,534,425

INCOME
A: 30% Program Fees
B: 30% Government Grants and Contracts
C: 22% Foundation Grants/Individual Donor-Advised Funds
D: 9% Individuals, Businesses, Service Club Contributions
E: 9% Other Funding

EXPENSES
A: 56% Child Development
B: 17% Health and Wellness Programs
C: 1% Family & Community Engagement
D: 14% Community Based Prevention
E: 12% Unallocated Overhead, Capital Purchases, Fundraising Costs

CLIENT DEMOGRAPHICS
Total: 2,716 clients

45% Latino
37% Caucasian
11% Multi-Racial/Other
3% African American
4% Pacific Islander/Asian
PROGRAMS FOR THE ENTIRE FAMILY

CHILD DEVELOPMENT

290

40
Early Care and Education

63
Kinder Academy

124
Sparks Enrichment Program: Elementary School

63
Sparks Enrichment Program: Middle School

HEALTH AND WELLNESS

1,605

597
Community and School-based Counseling

276
Novato Teen Clinic

577
Health Education and Peer Health Promotion

148
Indoor Soccer League

7
Health Partnerships in our Center
FAMILY & COMMUNITY ENGAGEMENT

- Developmental Playgroup: 33 participants
- Volunteers (16 years-adult): 76 people

COMING SOON!
Parent Workshops, Case Management, Newcomer Academy, Intercultural Events

COMMUNITY-BASED PREVENTION

- Promotores/Community Health Volunteers: 667
- Novato Blue Ribbon Coalition for Youth—Participation and Fiscal Sponsorship: 45

TOTAL CLIENTS: 2,716
TOTAL VOLUNTEERS: 115 people
16,073 hours
100% of parents/guardians (69) who completed the annual survey reported being very satisfied/satisfied with the program quality and safety of their children. Parents/Guardians expressed high satisfaction with how the program meets their child’s individual needs and respects their family’s values and culture; the educational background and expertise of the teachers; and felt that the program helped parents get more involved in their child’s education by reading more regularly and ensuring that homework was completed.

Accomplishments and Outcomes

Early Care and Education: 82% of children demonstrated overall developmental progression towards mastering levels within the “Visual and Performing Arts” domain, which includes: visual arts, music, drama, and dance.

Kinder Academy: 92% of parents/guardians felt that their children built foundational skills that better prepared them to enter Kindergarten ready to learn.

Elementary School Enrichment: 90% of parents/guardians felt that their child’s enrollment in this program made it easier for them to accept a better job.

Middle School Enrichment: 93% of the middle schoolers that participated in the Gang Resistance Education and Training (G.R.E.A.T.) program, in partnership with the Novato Police Dept, strongly agreed that getting involved with gangs will interfere with reaching their goals. Students built skills to build their confidence, resist peer pressure, and positively manage their anger.
HEALTH AND WELLNESS

Community and School-based Counseling
- 581 youth and their families received no/low cost mental health services at our two counseling clinics and on eight NUSD school campuses. 340 youth received crisis and ongoing counseling on school campuses, which included tools to increase their problem-solving and coping skills in the face of a variety of challenges such as depression, anxiety, substance use, relationship and behavioral issues, suicidal thoughts, and academic pressure. 85% of students who participated in three or more counseling sessions self-reported an increase in their overall well-being.

Novato Teen Clinic: In FY16, there were 419 visits of adolescents ages 12-21 at our Monday Teen Clinic. There was an increase in the number of females (to 26%) who chose Long-Acting Reversible Contraceptives (LARCs) to prevent pregnancy. The state average is 9% (2013 data). NYC’s Health Education Program promotes LARCs because they are the most effective pregnancy prevention method.

Health Education and Peer Health Promotion: 94% of youth who attended healthy relationships and teen pregnancy prevention workshops said they intended to reduce their risk for health problems by taking concrete steps such as communicating more, visiting the teen clinic, or abstaining from sex. Nine Peer Health Promoters, who are Novato teens, contributed 588 volunteer hours to support health education and Teen Clinic outreach.

“I’ve enjoyed meeting new people and learning new skills to use in the waiting room and in real life. I’ve really liked that I’ve been able to spend my time in a sexual health and mental health clinic as those are very interesting topics for me.” —Novato Teen Clinic Peer Health Promoter
Indoor Soccer League: 148 youth participated in NYC’s 10-week Indoor Soccer league. 90% of youth agreed that participating increased the amount of time they spent being physically active; 98% of parents/guardians agreed that the league had an environment of sportsman-like behavior; and 90% of youth agreed that the spirit of fairness was present throughout the league.

“This is a great program…I love it…the coaches were awesome and the team was great.” —Youth

“My son had fun and loves indoor soccer…he feels comfortable and it really helps build his confidence for the next season.” —Parent

FAMILY AND COMMUNITY ENGAGEMENT

• Weekly Playgroup
• Volunteers
• COMING SOON!
  More Parent/Guardian Workshops, Case Management, Newcomer Academy, Intercultural Events

Accomplishments and Outcomes

Developmental Playgroup: 85% of parents/guardians indicated that their child (ages 1-5) developed the skills needed to socialize cooperatively with other peers/children.

Parent/Guardian Workshops: 100% of parents who participated in a workshop series in Spanish on preventing alcohol and other drug use by their children reported having the knowledge and skills necessary to successfully talk with their children about the topic.

“All classes were absolutely interesting, the plan to have the conversation, how to talk to adolescents, what I need to discuss, and the roleplays to practice what to do.” —Parent

95% of participants reported a positive comment about the workshops... “I learned something from every class and loved that we all participated actively” … “All topics discussed were important to help us talk to our kids.”

100% of parents who participated in the workshop series in English on preventing alcohol and other high risk behaviors reported that they would attempt to utilize all 12 skills discussed during the parent workshop in their future communication with their children.

Volunteer Opportunities: 115 volunteers contributed 16,073 hours of volunteerism that supported the Novato Youth Center’s programs and facilities in 2015-16.
Accomplishments and Outcomes

- Promotores/Community Health Volunteers
- Novato Blue Ribbon Coalition for Youth—Participation and Fiscal Sponsorship

Promotores Program: 85% of Promotores stated they have experienced growth as community leaders due to their participation in the Promotores Program.

97% of Cafecitos participants (84) were committed to making at least one change at home to reduce youth access to alcohol. At three month follow-up, 100% (23 participants) reported making the change they intended in their home.

Novato Blue Ribbon Coalition for Youth: 100% of the Coalition’s Executive Committee reported the Promotores’ participation in the Coalition increased the cultural competency of prevention efforts this year.

“I gained new knowledge and it has helped me to know how to apply that knowledge to help the community in need”
—Promotora

“The most valuable part was the opportunity to participate in trainings that help us prepare on how to help the community.”
—Promotora
Timeline

1976  Opened as Novato Boys Club

1983  Renamed to the Novato Youth Center; launched first licensed school-age childcare in Marin

1988  Youth & Family Counseling Program launched

1990  Facility expanded from 14,000 to 23,000 square feet; community outreach began

1996  Infant and Preschool programs launched

1999  Teen Pregnancy Prevention Program launched

2003  Parent Project launched

2004  Novato School Readiness Program launched

2006  NYC 30th anniversary; Novato Wellness Center opened
We appreciate all of our donors who help make our mission of service possible.

**$500-$999**
- Anixter & Oser, Inc.
- Autodesk Foundation Employee Engagement Fund
- Candra Canning and Matt Glerum
- Robin Cantarutti
- Col. William Cope
- Michael and Mickiy Domer
- Edward Jones/Mary Gernetzke
- Front Porch Realty Group
- Bob Gotelli
- Dr. Mark Hansen, D.M.D.
- Innovative Business Products/Charlotte Shell
- Andrei and Jennifer Jigalin
- JP Morgan Chase Foundation
- Carol Lathrop-Riboli
- Love2Dance
- Tom and Tiki Martin
- John Morre
- Dean and Michele Moser
- Lydia and Kevin O’Riordan
- Peter Pelham
- Julia and Frank Perachiotti
- Robert and Sheryl Perez
- Presidio Bank
- Veronica and Gary Reed
- Ring Charitable Fund
- Dr. Michael Rosenthal DDS/
  Dr. Rajiv Anand, DDS
- Rotary Club of Novato Sunrise
- Stephen M. Schoen
- Seth and Robin Shorette
- Dietrich and Dawna Stroeh
- The Renaissance Lodge at Sonoma
- Daryl and Patrice Weinroth
- Sarah Weinroth
- Whole Foods Market Novato
- Bruce and Anne Worthington

**$250-$499**
- Alders Financial Solutions
- Elizabeth Anderson
- Eric and Karen Andresen
- Rich and Cindy Banakus
- Blake’s Auto Body, Inc.
- Brittany Devita Training
- Cecilia Brunner-Pierce
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  Matthew A. Nielsen, DDS
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- Dallas H. Hickie DDS, Inc.
- Inn Marin
- Claire and Eric Karr
- Jackie Kohn
- Richard and Nancy Kuhn
- Susan and Brad Lauer
- Sandra Minick
- Mike and Leslie Murphy
- George and Jean Nicol
- North Bay Lighting & Electrical
- Novato Chamber of Commerce
- Novato Pediatric Dentistry/
  Neidre J. Banakus, DDS
- Daniel and Susan Ohison
- Tony and Colette Perachiotti
- Real Food House
- San Francisco Opera
- Charlotte and Dexter Shell
- Kate and Matthew Shilvock
- Tom and Nancy Shorette
- Dan and Kristi Steadman
- Sutter Instrument Company
- The Douglas Hope Family Fund
- The Heck Foundation
- Tommy’s Salsa, Inc.
- Kara Vernor
- Vision y Compromiso
- Tommie and Svetlana Whitener
- Mark Wiedenmayer
- Brad and Kathy Williams
- Don Wilson DDS, MSD

**In memory of Ethel Seiderman, champion for justice, equity and respect for all children (pictured with NYC Teen Board of Directors Gaby Romero, left, and Diana Altaro, right).**

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2007
- Parent-Child Interaction Therapy Program launched

2009
- Promotores Program launched

2010
- 3-year Strategic Plan and new Mission Statement announced;
  Novato Blue Ribbon Coalition for Youth, fiscal sponsor

2011
- NYC 35th anniversary;
  Novato Wellness Center 5th anniversary;
  1-Up-4 College Middle School Program launched

2012
- It’s all Elementary! Afterschool/Summer Program launched

2015
- Promotores Program expansion

2016
- NYC 40th anniversary; Novato Teen Clinic relocation; new 3-year strategic plan
CONTRIBUTE AND HELP FAMILIES SUCCEED

MAKE A DONATION TODAY
Your contribution makes a difference in our ability to offer programs to youth. Donate online, by mail or call us! Donors who contribute $1,000 or more annually will become members of our Giving Tree Society. Monthly and quarterly giving options are available.

SUPPORT SCHOLARSHIP ASSISTANCE FOR LOW-INCOME YOUTH
Underwrite scholarship assistance for children ages 12 months to 14 years of age as part of the Novato Youth Center’s Child Development Programs. We are seeking donors to provide scholarship assistance so low-income children can receive ongoing quality care in a safe and nurturing environment.

MAKE AN HONOR OR MEMORIAL GIFT
Honor a friend or a relative by making a contribution in their name. We will send a card of celebration or sympathy to that special person in your life.

JOIN OUR LEGACY CIRCLE
Make a lasting commitment by naming the Novato Youth Center in your will, trust, or as a life insurance policy beneficiary. You’ll be invited to attend our Legacy Circle event as a thank you for your investment in our long-term success.

Please call 892-1643 ext. 228 for more information.
www.novatoyouthcenter.org

IN YOUR NEIGHBORHOOD
Our programs are offered in our 23,000 square-foot main facility at 680 Wilson Avenue; at the Novato Teen Clinic (6090 Redwood Blvd.); in the community; and on Novato Unified School District school campuses.