

TEEN SERVICES FOR HIGH SCHOOL STUDENTS

COMMUNITY SERVICE OPPORTUNITIES: Meet your community service requirements to graduate while giving back to your community. Call (415) 892-1643 Ext 0 to volunteer with us.

NOVATO TEEN CLINIC:

A free, confidential clinic for teens ages 12-21 to access reproductive health care: testing for pregnancy, STIs and HIV, birth control and condoms, and health education. All teens screened for depression, anxiety, risk of suicide, mental health, and substance use. **Free counseling.** Staff LGBTQ knowledgeable and experienced (Se habla Español).

Location: 6090 Redwood Blvd (Marin Community Clinics) in Novato. Look for the door with the green star.

Times: Monday Drop-In Teen Clinic, 1:30-5pm, free of charge and no appointment needed. Text or call (415) 985-5012.

NORTH MARIN COMMUNITY SERVICES YOUTH & FAMILY COUNSELING:

Our professional counselors offer affordable and confidential mental health counseling to help teens overcome personal challenges. Substance abuse brief counseling also offered.

Location: 680 Wilson Avenue in Novato.

Times: Monday-Thursday, 10am-8pm. Call (415) 892-1643, ext 239. (Se habla Español). Free teen counseling. Affordable \$30 per session for family counseling.

OTHER SUPPORT SERVICES: (415) 892-1643, extensions listed below

- **Health education and teen pregnancy prevention:** available in the community and on NUSD middle and high school campuses. Call (415) 897-4147 ext 23.
- **Newcomers groups** at San Marin and Novato High School: A 6-week life skills group designed to support newly arrived students transition to a new school and community.
- **Healthy Novato Initiative** provides resources for teens and their parents/guardians interested in helping to reduce underage drinking and substance use:

<https://northmarincs.org/programs/individuals-and-families/healthy-novato-initiative/>

